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ESSENCIA SPA

BY ARACELI

MENU services



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www.essenciaspa.mx

Call us and schedule your appointment

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Av México 1372b, Colonia 5 de Diciembre, 48350, Puerto Vallarta, Jalisco, MX

MASSAGES

RELAXING

60 MINUTES | \$550

90 MINUTES | \$790

Massage with gentle to medium pressure, improves blood circulation, oxygenating the entire body, providing relaxation and connection of mind and body.

TERAPEUTIC

60 MINUTES | \$700 90 MINUTES | \$1,000

Soothes muscle pain, anti stress. Includes hot therapeutic pillow, stretches, digit pressure, medium pressure.

DEEP TISSUE

60 MINUTES | \$800 90 MINUTES | \$1,100

Ideal for rehabilitating chronic muscle problems and injuries, deep contractures, or for those who like very strong pressure.



WINE THERAPY MASSAGE 60 MINUTES | \$700 90 MINUTES | \$1,000

Relaxing massage with gentle pressure, uses a special oil with red wine essence that provides a feeling of wellbeing and highly antioxidant. Ideal to enjoy as a couple, includes a glass of red wine.

TEQUILA MASSAGE

60 MINUTES | \$700 90 MINUTES | \$1,000

Relaxing massage with gentle pressure, uses a special oil with tequila essence.

Tequila has antioxidant, moisturizing and decontracting properties. Includes a tequila wheel.

PACKAGES

COUPLE MASSAGE 1 120 MINUTES | \$2100 2RELAXING MASSAGES 60 MIN. 2MOISTURIZING FACIALS 2GLASS OF WINE

COUPLE MASSAGE 2 60 MINUTES | \$990 2 RELAXING MASSAGES

COUPLE MASSAGE 3 60 MINUTES | \$1500 2 DEEP TISSUE MASSAGES



MOM AND DAUGHTER PACKAGE 120 MINUTES | \$1900 Mom: 50 min relaxing massage, hydrating facial and fish therapy Daughter: 40 min massage, mini facial, nail polish, fish therapy and snack

PACKAGE 5

120MINUTES | \$1500 Relaxing massage 60 min + hydrating facial + pedicure+fishtherapy

CHILDREN'S PACKAGE 80 MINUTES |\$700

Massage + Facial + Nail polish + Fish therapy + Popcorn

Girlsfrom4yearsto12yearsold.



ANY MODIFICATION HAS AN EXTRA COST

WAXING

Hair removal is done with Spanish wax, providing great benefits to your skin.

The wax has long-lasting effects because it is only applied once or twice a month. When the hair is removed from the follicle, it thins and weakens its growth. Provides exfoliation to the skin, leaving skin soft and smooth.



| AREA | PRICE |
|--------------------------|---------------|
| MOUSTACHE | \$120 |
| EYEBROW | \$210 |
| ARMPIT | \$210 |
| FULL FACE | \$380 |
| FULLLEGS | \$500 |
| HALFLEGS | \$300 |
| HANGOVER BIKINI | \$250 |
| WOMEN'S BRAZILIAN BIKINI | \$350 |
| MEN'S BRAZILIAN BIKINI | \$450 |
| MEN'S BACK | \$350 a \$550 |
| CHEST | \$350 a \$550 |
| SLAK | \$100 |
| SIDEBURNS | \$100 |
| ARMS | \$300 |
| HALF ARM | \$210 |
| ABDOMEN | \$250 a \$450 |
| BUTTOCKS | \$300 |
| BETWEEN GLUTEES | \$150 |

REFLEXOLOGY

60 MINUTES | \$600

Regulates the functioning of the body's organs. Elimination of toxins, balances and restores energy levels.

AROMATERAPY

60 MINUTES | \$700 90 MINUTES | \$1,000

Helps treat imbalances in the nervous system: insomnia, anxiety, nervous cough, depression, anguish, headaches. Includes 7 aromatherapy essences and hottherapeutic pillow.

NECKAND BACK

30 MINUTES |\$400

PMedium pressure, relieves tension and relaxes muscle tension.

SPORTS

60 MINUTES | \$800

Prepares tissues for sporting effort, prevention and recovery of injuries both in training and in competition. It is invigorating and includes stretching.



PRENATAL 60MINUTES|\$600

Improves mood and reduces stress, activates circulation, eliminates toxins and fluids, reducing swelling in the legs.

LYMPHATIC DETOX 60 MINUTES | \$650

They promote lymph circulation, thus improving edema, inflammation and fluid retention.

HOTSTONES

60 MINUTES | \$900 90 MINUTES | \$1,300

It is relaxing and relaxing, it is energetic and acts on the entire mental state, releasing and balancing the chakras.

SKIN CARE

MOISTURIZING FACIAL

40 MINUTES | \$550

The secret to having soft, smooth and youthful skin on your face is to maintain good facial hydration with care that nourishes the skin and prevents it from flaking or wilting. Although combating the dryness caused by external agents on our skin is not easy, it is important to provide hydration according to the needs of each skin.

DEEPCLEANINGFACIAL

60 MINUTES | \$750

Vital facial for the care of your face, its performance is based on the removal of impurities from the skin and dead cells to return energy and vitality to your face, It allows the skin to breathe and be free of dirt that accumulates every day, allowing cosmetic products to penetrate more easily.

ANTI-AGED FACIAL 50 MINUTES | \$800

Use of cutting-edge equipment and active ingredients to provide your skin with all the care to help reduce and prevent signs of aging, recover muscle tone, luminosity and hydration.



BODY TREATMENTS

AFTER SUN TREATMENT 30 MINUTES | \$500

Immediate relief against sunburn, dehydration due to pool chlorine, has a calming, regenerating, moisturizing and refreshing effect.

BODYSCRUB

60 MINUTES |\$700

Body treatment that renews skin cells, leaves the skin soft and hydrated, ideal for before exposing yourself to the sun to tan, relaxing massage is provided.

HAND AND FEET CARE

MANICURE SPA

REGULAR | \$350 WITHGEL | \$450

It turns the experience into something deeply pleasurable, returning luminosity to

dry and rough hands. This treatment ensures nutrition of the hands, elbows and forearms

PEDICURE SPA REGULAR | \$450 WITHGEL | \$550

A relaxing experience focused on foot care, which is based on the combination of health, aesthetics and relaxation. The idea is that you can show off beautiful feet, but also relax while taking care of them, through a treatment that serves to release tension and improve circulation.

COMPLEMENTS

COLORGEL | \$200 REGULARNAILPOLISH | \$150 GELREMOVAL | \$200



FISH THERAPY

FISH THERAPY 30 MINUTES | \$200

Ichthyotherapy is an excellent option for those who want to experience a feeling of deep relaxation and well-being, since contact with hot water and the gentle massage of the fish can relieve stress, anxiety and muscle tension.

